

HELP US SAY NO MORE TO SEXUAL VIOLENCE

Volunteer with the SPHS CARE Center STTARS Program today!

Our volunteers can choose from a range of opportunities to make a difference in the lives of others. Hotline work, organizing fundraising events, and assisting with outreach campaigns are just a few of the ways YOU CAN HELP.

We provide comprehensive training to volunteers based on your level of interest in contributing services for survivors.

**FOR MORE INFORMATION CALL
JOSH AT 724-627-6108, EXT 109**



Follow us on Instagram:
[@caresttars](https://www.instagram.com/caresttars)

TOPICS COVERED:

- The history of the anti-sexual violence movement
- Anti-oppression
- Cultural Competency
- Trauma and Post Traumatic Stress
- Active Listening Skills
- Empowerment
- Counseling
- Systems Advocacy



CARE Center
STTARS Program